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Food Insecurity among African Americans in the United States: An evidence and gap **map**--Manuscript Draft--

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Abstract:	In 2019, the estimated prevalence of food insecurity for Black non-Hispanic households was higher than the national average due to health disparities exacerbated by forms of racial discrimination. During the COVID-19 pandemic, Black households have experienced higher rates of food insecurity when compared to other populations in the United States. The primary objectives of this review were to identify which risk factors have been investigated for an association with food insecurity, describe how food insecurity is measured across studies that have evaluated this outcome among African Americans, and determine which dimensions of food security (food accessibility, availability, and utilization) are captured by risk factors studied by authors. Food insecurity related studies were identified through a search of PubMed, CINAHL Plus, MEDLINE®, PsycINFO, Health Source: Nursing/Academic Edition, and Web of Science TM (Clarivate), on May 20, 2021. Eligible studies were primary research studies, with a concurrent comparison group, published in English between 1995 and 2021. Ninety-eight relevant studies were included for data charting with 37 unique measurement tools, 115 risk factors, and 93 possible consequences of food insecurity identified. Few studies examined factors linked to racial discrimination, behaviour, or risk factors that mapped to the food availability dimension of food security. Infrequently studied factors, such as lifetime racial discrimination, socioeconomic status (SES), and income insecurity need further investigation while frequently studied factors such as age, education, race/ethnicity, and gender need to be summarized using a systematic review approach so that risk factor impact can be better assessed. Risk factors linked to racial discrimination and food insecurity need to be better understood in order to minimize health disparities among African Americans during the COVID-19 pandemic and beyond.
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Food insecurity among African Americans in the United

States: An evidence and gap map

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Abstract

26	In 2019, the estimated prevalence of food insecurity for Black non-Hispanic households
27	was higher than the national average due to health disparities exacerbated by forms of racial
28	discrimination. During the COVID-19 pandemic, Black households have experienced higher
29	rates of food insecurity when compared to other populations in the United States. The primary
30	objectives of this review were to identify which risk factors have been investigated for an
31	association with food insecurity, describe how food insecurity is measured across studies that
32	have evaluated this outcome among African Americans, and determine which dimensions of
33	food security (food accessibility, availability, and utilization) are captured by risk factors
34	studied by authors. Food insecurity related studies were identified through a search of PubMed,
35	CINAHL Plus, MEDLINE®, PsycINFO, Health Source: Nursing/Academic Edition, and Web
36	of Science TM (Clarivate), on May 20, 2021. Eligible studies were primary research studies, with
37	a concurrent comparison group, published in English between 1995 and 2021. Ninety-eight
38	relevant studies were included for data charting with 37 unique measurement tools, 115 risk
39	factors, and 93 possible consequences of food insecurity identified. Few studies examined
40	factors linked to racial discrimination, behaviour, or risk factors that mapped to the food
41	availability dimension of food security. Infrequently studied factors, such as lifetime racial
42	discrimination, socioeconomic status (SES), and income insecurity need further investigation
43	while frequently studied factors such as age, education, race/ethnicity, and gender need to be
44	summarized using a systematic review approach so that risk factor impact can be better
45	assessed. Risk factors linked to racial discrimination and food insecurity need to be better
46	understood in order to minimize health disparities among African Americans during the
47	COVID-19 pandemic and beyond. what is the relevance of COVID?
48	Keywords: African Americans; racial/ethnic disparities; food security; systematic evidence
49	synthesis; COVID-19

Introduction

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Description of the problem

As of 2019, 10.5% of United States (US) households (13.7 million households) 52 experienced food insecurity and 4.1% of these households (5.3 million households) experienced 53 54 very low food security at some time during the year [1]. In 2019, rates of food insecurity were significantly higher than the national average for households with Black, non-Hispanic, 55 56 household reference persons (19.1 percent) [1]. The COVID-19 pandemic has caused a public health and economic crisis with repercussions that have led to an increase in the number of 57 people experiencing food insecurity. In 2020, African Americans experienced more negative 58 59 health outcomes linked to COVID-19, the disease caused by SARS-CoV-2, than other populations due to a combination of factors including racial discrimination, disparities linked 60 covid - racial discrimination? to income and health, and inconsistent access to food [2]. Further, in the United States, 61 62 individual studies have reported that African American households are two to three times as likely to experience consistent food insecurity when compared to the general population [3-5] 63 These prior findings indicate that race is associated with food insecurity. However, many 64 65 individual- and group-level factors other than race have been investigated for an association with food insecurity. A comprehensive list of studied risk factors and their relationship to food 66 67 insecurity among African American households is not available. A comprehensive list is needed 68 to understand which relationships exist and which intervention opportunities need to be 69 investigated. According to Ashby and colleagues [6], "accurate measurement of food insecurity 70 is imperative to understand the magnitude of the issue and to identify specific areas of need, in 71 order to effectively tailor policies and interventions for its alleviation." To understand the 72 implications of current study findings, each citation and corresponding findings must be placed 73 in the context of other studies that assess food insecurity among African American adults in the 74 United States.

Objectives

The first objective of this review was to identify factors that have been investigated for an association with food insecurity among African American adults across the peer-reviewed literature. Knowledge of these factors will identify critical research gaps and highlight areas for future research. The second objective was to describe how food insecurity is measured in studies that have evaluated this outcome among African American populations in the United States. Knowledge of food security metrics will identify how comparable current measures and potential findings are across the literature. The final objective was to map each risk factor identified or considered by researchers to the three primary dimensions of food security (food accessibility, availability, and utilization) to identify potential gaps across each dimension.

Materials and Methods

Protocol and registration

The protocol was drafted using the Methodological Expectations of Campbell Collaboration Intervention Reviews: Conducts Standards and the Preferred Reporting Items for Systematic Reviews and Meta-analysis extension for Scoping Review Protocols [7]. The protocol was registered with the Systematic Reviews for Animals and Food (SYREAF) on December 30, 2019 (http://www.syreaf.org/protocol/). The methodology was informed by Munn et al. (2018)'s guidance and Arksey and O'Malley (2005)'s framework [8-9]. Protocol edits included a terminology adjustment from scoping review to evidence and gap map (EGM).

Eligibility criteria

The eligibility criteria for study inclusion were defined based on the population (P) – adult African Americans, and the outcome (O) – food insecurity. Peer-reviewed articles published in English between 1995-2021 were eligible for inclusion in this paper.

Eligible study designs

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Eligible studies were primary research studies with a concurrent comparison group: observational studies (cross-sectional, cohort, and case control), randomized controlled trials, and primary research studies that evaluated factors between time periods (before and after). Studies that assessed interventions were also included.

Eligible participants

Relevant participants were African American adults, 18 to 64 years of age, living in the United States. If a study contained a subset of a sample that matched the population of interest, the subset of participants was included. One possible source of ambiguity among identified citations included the definition and use of the term "African American" in the literature. The United States Census Bureau adheres to the 1997 Office of Management Budget (OMB) standards on race and ethnicity, which includes five categories: Asian, Black or African American, Native Hawaiian or Pacific Islander, American Indian or Alaska Native, and White [10]. According to Rastogi and colleagues, "The Black racial category includes people who marked the 'Black or African American' checkbox. It also includes respondents who reported entries such as African American; Sub-Saharan African entries, such as Kenyan and Nigerian; and Afro-Caribbean entries, such as Haitian and Jamaican" [11]. The category for Black and African American people serves as a broad descriptor for study participants who may not share the same ethnicity, culture, or immigration status. Rastogi and colleagues explain further that "these federal standards mandate that race and Hispanic origin (ethnicity) are separate and distinct concepts and that when collecting these data via self-identification, two different questions must be used" [11]. This distinction between race and ethnicity is relevant to this evidence and gap map because the intention was to include study participants who only identify themselves as African American. Immigration status is another key factor that may have

impacted the eligible study population of interest. For this evidence and gap map, citations were excluded if the researcher's study population of interest was comprised only of immigrants or refugees.

Eligible outcomes

The outcome of interest was food insecurity. Some authors may have used the following terms to describe food insecurity: food availability, food accessibility, food utilization, food supply, food intake, undernourishment, food deprivation, hunger, malnutrition, and use of food assistance programs. These proxy variables of food insecurity were also eligible for inclusion in this study.

Search sources

The search for relevant studies was conducted in six databases: PubMed (US National Library of Medicine), EBSCO databases (CINAHL Plus, MEDLINE®, PsycINFO, Health Source: Nursing/Academic Edition), and Web of ScienceTM (Clarivate) on May 20, 2021. Both MEDLINE (EBSCO) and legacy PubMed, the old interface, were searched due to the variations of the database syntax and features. Relevant full-text publications were obtained through available subscriptions through the University of Maryland, University of Guelph, and Iowa State University Libraries. Reference lists of the included primary research articles and retrieved systematic reviews were examined to identify any relevant publications. DistillerSR® (Evidence Partners, Ottawa, Canada) software was used for article screening and data extraction.

Search strategy

The search strategy was designed by a public health librarian in consultation with other team members. The search strategy was checked for comprehensiveness and errors against the

PRESS Peer Review of Electronic Search Strategies Guidelines [12]. Search strategies for each database and corresponding results are shown in Table 1 - Table 3. Results were restricted to publication year 1995-2021, English language, and peer-reviewed publications. The US Department of Agriculture (USDA) began collecting data annually regarding food access, food spending, and sources of food assistance in the United States in 1995 [13]. Therefore, this regulatory activity represents a reasonable starting point for relevant studies to be included in this paper.

Table 1. Search string for PubMed®, conducted on May 20, 2021. Interface: PubMed® Legacy,
 Database coverage dates: mid-1960s to present date of search

Search	Query	Items found: 11/18/19	Items found: 5/20/21
	#5 Filters: Publication date from 1995/01/01 to	738	71
	2019/11/18; English; Adult: 19+ years; Young Adult: 19-		
	24 years; Adult: 19-44 years; Middle Aged + Aged: 45+		
	years; Middle Aged: 45-64 years		
	#5 Filters Updated search: Publication date from		
	2019/11/19 to 2021/05/20 English; Adult: 19+ years;		
	Young Adult: 19-24 years; Adult: 19-44 years; Middle		
	Aged + Aged: 45+ years; Middle Aged: 45-64 years		
#6			
#5	#3 NOT #4	1,600	1,868
	"Animals"[Mesh] NOT ("Animals"[Mesh] AND	4,639,963	4,831,043
#4	"Humans"[Mesh])		
#3	#1 AND #2	1,829	2,121

	("African Americans"[Title/Abstract] OR "African	182,988	204,820
	American"[Title/Abstract] OR Black[Title/Abstract]) OR		
#2	African Americans[MeSH Terms]		
	"food supply"[MeSH Terms] OR "access to	151,265	170,109
	food"[Title/Abstract] OR "dietary		
	inadequacy"[Title/Abstract] OR "food		
	access"[Title/Abstract] OR "food		
	accessibility"[Title/Abstract] OR "food		
	afford*"[Title/Abstract] OR "food		
	assistance"[Title/Abstract] OR "food		
	availability"[Title/Abstract] OR "food		
	choice"[Title/Abstract] OR "food		
	consumption"[Title/Abstract] OR "food		
	deprivation"[Title/Abstract] OR "food		
	desert"[Title/Abstract] OR "food hardship"[Title/Abstract]		
	OR "food insecurity"[Title/Abstract] OR "food		
	insufficien*"[Title/Abstract] OR "food		
	intake"[Title/Abstract] OR "food poverty"[Title/Abstract]		
	OR "food scarcity"[Title/Abstract] OR "food		
	security"[Title/Abstract] OR "food		
	sufficien*"[Title/Abstract] OR "food		
	supply"[Title/Abstract] OR "food		
	utilization"[Title/Abstract] OR "fruit[Title/Abstract] AND		
	vegetable intake"[Title/Abstract] OR "fruit		
#1	intake"[Title/Abstract] OR "vegetable		

intake"[Title/Abstract] OR hunger[Title/Abstract] OR	
malnutrition[Title/Abstract] OR "nutrition	
security"[Title/Abstract] OR "nutritional	
status"[Title/Abstract] OR "supermarket	
access"[Title/Abstract] OR	
undernourishment[Title/Abstract]	

Table 2. Search string for EBSCO Databases, conducted on May 20, 2021. Interface: EBSCO
 Databases, Database coverage dates: Various (see table below)

Databases	Limiters	Items found: 11/18/19	Items found: 5/20/21
CINAHL Plus	1995-2019, English	1,091	115
MEDLINE	1995-2019, English, Peer reviewed	744	233
PsycINFO	1995-2019, English, Academic journals	498	25
Health Source: Nursing/Academic Edition	1995-2019, English, Peer reviewed	327	36
TOTAL		2,660	409

EBSCO Search strategy:

((dietary N5 inadequacy) OR (food N5 (access OR accessibility OR afford* OR assistance OR availability OR choice OR consumption OR deprivation OR desert OR hardship OR insecurity OR insufficien* OR intake OR poverty OR scarcity OR security OR sufficien* OR supply OR utilization)) OR ((fruit OR vegetable) N5 intake) OR hunger OR malnutrition OR "nutrition security" OR "nutritional status" OR (supermarket N5 access) OR undernourishment)

AND ("African American*" OR Black*) AND (adults OR adult OR aged OR elderly)

Table 3. Search string for Web of ScienceTM (Clarivate), conducted on May 20, 2021. Interface:
 Web of ScienceTM (Core Collection), Database coverage dates: 1900-date of search present

Search	Query	Items found

#1	((TI=(("access to food" OR "dietary inadequacy" OR "food access"	470
	OR "food accessibility" OR "food afford*" OR "food assistance" OR	
	"food availability" OR "food choice" OR "food consumption" OR	
	"food deprivation" OR "food desert" OR "food hardship" OR "food	
	insecurity" OR "food insufficien*" OR "food intake" OR "food	
	poverty" OR "food scarcity" OR "food security" OR "food sufficien*"	
	OR "food supply" OR "food utilization" OR "fruit and vegetable	
	intake" OR "fruit intake" OR "vegetable intake" OR hunger OR	
	malnutrition OR "nutrition security" OR "nutritional status" OR	
	"supermarket access" OR undernourishment)) AND TS=(("African	
	American*" OR Black*))) NOT SU=("Veterinary Sciences" OR	
	Agriculture OR Entomology OR Fisheries OR Forestry OR "Plant	
	Sciences" OR Zoology))	

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Limiters:

- 169 LANGUAGE: (English)
- 170 DOCUMENT TYPES: (Article)
- 171 Indexes=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, BKCI-S, BKCI-SSH, ESCI,
- 172 CCR-EXPANDED, IC Timespan=1995-2019
- 173 **Total results:** 398 (72 from updated search on May 20, 2021)

Selection of sources

- Search results were uploaded into EndNote X9 Desktop and duplicate records removed.
- 176 Title/abstract screening, full-text screening, and data extraction were independently performed

by two authors in DistillerSR®. Both reviewers received training prior to the screening process using piloted forms and discussion until agreement about interpretation was reached. The title/abstract screening form was piloted with 100 records while the full-text screening form was piloted with five records. Conflicts were resolved through discussion until consensus was reached based on detailed justifications provided by each reviewer. The screening forms are included in Appendix A.

Data charting and analysis

Data charting forms were developed and reviewed to determine study characteristics and data items for extraction. Two reviewers independently captured data items, discussed findings, and updated all forms as changes were made. Data extraction forms are included in Appendix A.

Data items and extraction

Data extraction captured general study characteristics, study population characteristics (state, region, age distribution, and number of participants), study design, exposures investigated, and relevant measures. Multiple measures of food insecurity were expected. These food insecurity metrics might be used at the individual level to represent the experiences, behaviours, or conditions of an individual or a single household [1]. Alternatively, these metrics might be aggregated to represent a group at the ecological or group level. For example, a study might report the proportion of households in a region that skip meals more than twice in one week or the proportion of households in a neighbourhood with a cut-off listed in the USDA (2018)'s 18-item questionnaire. For this evidence and gap map, all measures of food security described in the literature were extracted.

Risk of bias and study quality

According to Munn and colleagues (2018) "the purpose of evidence and gap maps (EGMs) is similar to scoping reviews which is to identify and analyse gaps within a knowledge base. Scoping reviews do not produce critically appraised or synthesized results for a given research question" [8]. Therefore, authors did not assess the methodological limitations of risk of bias of the evidence included within this evidence and gap map (EGM).

Critical appraisal of individual sources of evidence

A critical appraisal of the included studies was not conducted, consistent with Arksey and O'Malley (2005)'s guidance [9].

Synthesis of results

After data extraction, the factors were mapped to up to three of the four hierarchical dimensions of food security: food availability, food accessibility, and food utilization. According to Ashby and colleagues, "food availability" refers to a reliable and consistent source of enough quality food for an active and healthy lifestyle. "Food accessibility" acknowledges the resources required in order to obtain and put food on the table; this could be economic or physical. "Food utilization" refers to the intake of safe food and the human resources required to transform food into meals. "Food stability", the fourth dimension of food security, recognizes that food insecurity can be transitory, cyclical, or chronic. Ultimately, food stability can be achieved when all three domains (availability, accessibility, and utilization) become sustainable over an extended period of time [6]. For this reason, the dimension of food stability was excluded from the categorization of individual-level and group-level exposure characteristics.

The extracted risk factors were also mapped as being at the individual or group level and

whether a risk factor appeared to be a "cause" or "possible consequence" of food insecurity. If

a risk factor identified in the study served as a "possible consequence" of food insecurity, this term was not categorized into the food security dimensions (food availability, accessibility, and utilization) for risk factors. For example, a study participant's mental health status or "depression score" could serve as both a "cause" of food insecurity due to lack of food accessibility or it could serve as a "consequence" of experiencing food insecurity due to lack of food utilization. If the risk factor fell into the "cause" category only, the factor was categorized based on the three food security dimensions described above. Finally, these variables were placed into ten descriptive categories: demographic (individual characteristics such as age and sex), household (marital status and single parent status), economic (household income and family poverty), behavioural (lifestyle habits, actions, and behaviours), nutritional, physical environment (physical, chemical, and biological factors external to a person), social environment (social factors external to a person), physical health (physical and genetic health factors), mental health, and COVID-19 related risk factors. This process was completed by two reviewers and then conflicts were resolved to ensure consistent classification.

Results

Selection of citations

- The results of the search and eligibility screening process are presented in Figure 1.
- 239 PRISMA 2020 Flow Diagram for New Systematic Reviews which Included Searches of
- 240 Databases [14].

Characteristics of included studies

The characteristics of included studies are described in Table 4 - Table 6. Table 4 provides an overview of food security measures and the authors' exact definition of food security. Table 5 provides an overview of study characteristics including state(s) in which the population

resides, region(s) in which the population resides, study design, and risk factors investigated.

Information on study participants' age (including lower age limits, higher age limits, and the

central tendency of age), the total number of African American participants and households,

and the total number of study participants and households are presented in Table 6.

Table 4. Identified metrics and definitions of food security (sorted by metrics)

Citation	Food Security Metric	Authors' Definition of the Food Security Metric
Ahluwalia et al., 2013	WIC receipt	"We estimated reliability by kappa coefficient and validity by sensitivity and specificity using the birth certificate data as the reference for the following: prenatal participation in the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC); Medicaid payment for delivery; and breastfeeding initiation"
Baek, 2016	Current Population Survey Food Security Supplement (CPS- FSS)	"I use the number of vehicles operated in urbanized areas (UA) from the National Transit Database (NTD) and household food insecurity data from the Current Population Survey Food Security Supplement (CPS-FSS) from 2006 to 2009"
Baer et al., 2015	U.S. Household Food Security Survey Module	"To measure food insecurity, participants were administered the appropriate validated USDA-FSS based on age and parental status. The 18-item US Household Food Security Survey Module was answered by patients aged 18-25 years who self-identified as being a parent. The 10-item Adult Food Security Survey Module was completed by patients aged 18-25 years who did not self-identify as being a parent"
Balistreri, 2016	Eighteen-Item Household Food Security Scale "The household food security scale was developed by the USI to measure the severity of food insecurity experienced in the household in the previous 12 months. It is measured with an item scale if the household contains children and ten if it does	
Barnidge et al., 2017	Eighteen-Item Household Food Security Scale	"A two-item validated screener was used to assess household food security. The first item asked, 'over the last 12 months did you worry there would not be enough food and there was no money to buy more?' "Nearly one-fifth (17.5 %) of caregivers reported this was often true while 37.3 % reported this as sometimes true. Household food insecurity was measured using the first two questions from the 18-itemU.S. Household Food Security Survey"
Barnidge et al., 2017	Eighteen-Item Household Food Security Scale	"Participants completed a demographic questionnaire that included age, household income, and participation in food assistance programs. The questionnaire also included the US Department of Agriculture's 18-item Food Security Module to determine household food security status and the food security status of children in the home"

Boone- Heinonen et al., 2015	Neighborhood Supermarket Density per 10,000 people	"Neighborhood food and physical activity amenities were obtained from Dun and Bradstreet, a commercial dataset of U.S. businesses (Dun & Bradstreet). Fast-food chain restaurants, supermarkets (large grocery stores), commercial physical activity facilities, and public physical activity facilities corresponding to each CARDIA exam period were extracted and classified according to 8-digit Standard Industrial Classification codes (U.S. Department of Labor)"
Borders et al., 2015	U.S. Household Food Security Survey Module	"External stressors were measured using the Home Hardships Scale, the USDA Household Food Security Scale and the Neighborhood Satisfaction Scale"
Brewer et al., 2010	Six-Item Short Form of the Food Security Survey Module	"Food insecurity was assessed using the modified 6-item US Household Food Security Survey Module"
Burke et al., 2018	U.S. Household Food Security Survey Module	"Food security status was our dependent variable and was measured using the US Department of Agriculture (USDA) Household Food Security Survey Module (HFSSM) (Coleman-Jensen et al.2015). The HFSSM uses a 12-month recall period and 18 Likert-type items to assess the frequency in which household members report, because of a lack of resources, disruptions in the quality, quantity and patterns of the household food supply as well as anxiety related to running out of food"
Caraballo et al., 2020	10-item questionnaire recommended by the US Department of Agriculture Economic Research Service	"Food security in the past 30 days was created based on the 10-item questionnaire as recommended by the US Department of Agriculture Economic Research Service (Table I in the Data Supplement) 13,20 and constructed following the NHIS instructions.21 Answers of ≥3 days were considered affirmative in questions about frequency of occurrence in the past 30 days. A raw score ranging from 0 to 10 was calculated, and participants were categorized as follows: 0 to 2 points: food secure; 3 to 5 points: low food security; and 6 to 10 points: very low food security. We then defined food insecurity as having either low or very low food security, in concordance with previous studies"
Chakrabarti et al., 2021	Food insufficiency	"Pandemic-related food insufficiency, defined as there sometimes or often not being enough food to eat in the last 7 days or food availability becoming worse after March 13, 2020"
Chilton and Booth, 2007	Six-Item Short Form of the Food Security Survey Module	"Each participant, in both the focus groups and the individual interview sessions, also answered a brief questionnaire that included demographic characteristics, food stamp participation, and the US Department of Agriculture Household Food Security Scale—Short Form. Food Insecurity was calculated according to established methods. Terminology of food insecurity categories was recently changed by the US Department of Agriculture"
Clay and Ross, 2020	2-Item screen to identify families at risk for food insecurity	"The outcome food security was assessed with a validated two- item food security screener (97 percent sensitivity, 83 percent specificity) that was designed to rapidly identify individuals at-risk for food insecurity"

Conlon et al., 2015	Six-Item Short Form of the Food Security Survey Module	"Household food security was assessed by parents' self-response to six items from the Short Form of the Household Food Security Scale"
Cook et al., 2002	U.S. Household Food Security Survey Module	"We used a somewhat more stringent method of scoring the Food Security Scale for this analysis than the standard US Department of Agriculture method, which led to conservative estimates of the effects of exposure on this outcome"
Cox and Wallace, 2016	18 food security questions in the CFSM	"There are 18 food security questions in the CFSM. The food security module is designed to allow administrators to implement two common screens (and a third less common screen) when it appears the food security questions may pose an unnecessary burden on the respondents. All three screens were used in the FFCWS survey"
Crabtree and Mushi-Brunt, 2013	National Health Interview Survey on Disability (NHIS-D) with 10 questions about food access	"The NHIS-D includes questions about participation in several activities and functional limitations. We identified 10 questions about food access-related participation and functional limitations that likely affect being able to access food for nutrition"
Dean et al., 2011	Radimer-Cornell hunger and food insecurity instrument	"Food insecurity was measured by the household-hunger dimension of the food-depletion item from the Radimer-Cornell hunger and food insecurity instrument"
Denney et al., 2020	Eighteen-Item Household Food Security Scale	"Household food insecurity, a binary measure created from the USDA's 18-item food insecurity scale (Bickel et al., 2000), serves as our outcome measure"
Duke et al., 2021	2-item Hunger Vital Sign Tool	"Food insecurity was assessed using the 2-item Hunger Vital Sign Tool. The baseline survey included the validated, two-item Hunger Vital Sign (HVS), a food insecurity screening tool based on the U.S. Household Food Security Survey Module"
Duke, 2021	Radimer-Cornell hunger and food insecurity instrument	"Food insecurity was measured with the following question: 'During the past 30 days, have you had to skip meals because your family did not have enough money to buy food?' Students were able to respond 'yes' or 'no' to this question. Based on the Radimer/Cornell Hunger Scale,19 this single item focused on the experience of skipping meals represents child level or severe food insecurity, reflecting insufficiency of household food such that youth are affected by reductions in the quantity of food eaten"
Echeverria et al., 2004	Access to healthy foods scale	"Scales were used to assess six neighborhood domains: aesthetic quality, walking/exercise environment, safety from crime, violence, access to healthy foods, and social cohesion"

Fleming et al., 2021	NHANES Food Security Module	"NHANES has been using the Food Security Survey Module, similar to the module included in the Current Population Survey, to assess food security since 1999. This module is included in the family questionnaire portion of the NHANES household interview. An adult family member, typically the head of household, answers the family questionnaire on behalf of the entire family and questions refer to all household members. Households with children younger than 18 years of age receive an additional 8 questions for a total of 18 items, compared to households without children"
Garrett- Peters and Mills- Koonce, 2013	Food insufficiency questions (5 items)	"Mothers completed food insufficiency questions (five items) about whether they or other household members went hungry or had to skip or cut meals because they could not afford to buy food in the last 12 months. Scores could range from 0 to 5"
Ghosh and Parish, 2015	Not reported	"These included a measure of difficulty paying for utilities like electricity and or telephone bills; difficulty paying the full amount for rent or mortgage, difficulty meeting essential expenses and not going to a doctor and or a dentist when needed to any time in the last 12 months, and whether they experienced food insecurity any time in the last four months"
Gilbert and Ashley, 2020	4-item 7-point Likert scale adapted from food access questionnaire from Hendrickson, Smith, and Eikenberry (2006)	"We adapted food access questionnaire items from Hendrickson, Smith, and Eikenberry (2006), who investigated access to fruits and vegetables by low-income residents in urban and rural areas of Minnesota. We created a four-item, seven-point Likert scale in which respondents indicated the extent to which they agreed or disagreed with statements such as "I have access to a variety of foods" and "the fruits and vegetables I can access are fresh." Each item is scored from 1 ("strongly disagree") to 7 ("strongly agree")"
Gilbert et al., 2017	Participation in MAP + TANF + SNAP	"In addition to household income verification and documentation for WIC program eligibility, adjunctive eligibility measures, such as participation in other federal programs (i.e., medical assistance, food stamp (SNAP), and temporary cash assistance (TCA)) were gathered and electronically verified through linkage with respective agency databases prior to documentation and storage in the WOW database"
Hammer et al., 2021	3-item adaptation from the USDA Food Insecurity Scale	"Food insecurity was assessed based on responses to three food insecurity items derived from the USDA Household Food Security Survey Module.27 The items used asked how often, in the last 12 months, the respondent or people in the respondent's household (1) worried whether your food would run out before you had money to buy more; (2) the food that you bought did not last, and you didn't have enough money to get more; or (3) you couldn't afford to eat balanced meals"

Harrison et al., 2005	Six-Item Short Form of the Food Security Survey Module	"The food security measure used is an abbreviated six-item scale derived from the 18-item U.S. Household Food Security Instrument employed surveys and administered to CHIS respondents below 200% FPL"	
Hernandez and Pressler, 2013	Eighteen-Item Household Food Security Scale	"The measure of food insecurity is based on an 18-item scale developed by the U.S. Department of Agriculture that assesses both the quality and quantity of food over the past 12 months. The scale captures food hardship due to financial constraints such as running out of food, perceptions that food in a household is of inadequate quality or quantity, and reduced food intake by adults or children"	
Huang et al., 2015	Survey of Income and Program Participation. The SIPP	"The food insufficiency question in SIPP asked respondents to choose the best of the following statements describing household food experiences in each of 4 reference months:"	
Kaiser et al., 2007	Six-Item Short Form of the Food Security Survey Module	"Food insecurity of the women was measured by a 6-item subset of the Food Security Module"	
Keene et al., 2015	Survey of Income and Program Participation. The SIPP	"SIPP provides a nationally representative sample of rent-assisted households, to examine the association between housing-assistance type and reports that neighbors count on each other, watch each other's children, help each other out, can trust each other to intervene in the face of danger or harm, and have access to help from friends to family"	
Kharmats et al., 2014	U.S. Adult Food Security Survey Module	"Food security over the past year was measured and scored by using the US Adult Food Security Survey Module (10 items). Participants were asked to tell the interviewer whether statements about food situations presented in the module were "often true, sometimes true, or never true for you/your household in the past 12 months"	
Kipke et al., 2020 Koh et al., 2020	Not reported Six-Item Short Form of the Food Security Survey Module	"Food security (last 12 months)" "Using the Six-Item Household Food Security Survey Module designed by USDA, the FMTS elicited responses to five questions and statements about respondents' food procurement experience in the last 12 months"	
Laraia et al., 2006	Eighteen-Item Household Food Security Scale	"Food security—main outcome. "The USDA food security modules comprised of 18 questions posed in increasing levels of severity by measuring the dimensions of concern about food quantity and food quality over the last 12 months"	
Laraia et al., 2009	Six-Item Short Form of the Food Security Survey Module	"To calculate household food insecurity status, the six-item short form of the USDA Core Food Security Module (CFSM) for families was used (29,30). Questions were asked about the household's experience over the past 12 months"	

Lauren et al., 2021	2-Item screen to identify families at risk for food insecurity	"We assessed household risk for food insecurity using a validated two-item screen. (16) Households at risk for food insecurity were defined as those with responses of "Sometimes true" or "Often true" for either or both items. Participants reported answers to each of these questions for the periods before and after the COVID-19 outbreak"	
Lee et al., 2011	Six-Item Short Form of the Food Security Survey Module	"Scoring for the modified 6-item HFSSM was completed to reflect the validated survey module. For the identical questions from the original HFSSM, responses of "often" or "sometimes" on questions "food didn't last" and "couldn't afford balanced meals" and "yes" on "ate less" and "hungry" were coded as affirmative"	
Leigh and Medal- Herrero, 2015	WIC receipt	"Our dependent variable, was binary and equaled 1 if the subject or anyone in the household received WIC benefits in the preceding 2 years"	
Lise et al., 2021	Eighteen-Item Household Food Security Scale	"Household food security was assessed using the 18-item USDA US-Household Food Security Survey Module (HFSSM), which queries the past 12 months"	
Lin et al., 2021	Food Insecurity Experience Scale (FIES)	"We also included the Food and Agriculture Organization's Food Insecurity Experience Scale (FIES), which captures respondent's reporting of any food deprivation (e.g., constraints on one's ability to obtain adequate food) both prior to and during the pandemic"	
Lombe et al., 2009	Eighteen-Item Household Food Security Scale	"Household Food Security—the dependent variable—is measured using items taken from the USDA 18-item Core Food Security Module (CFSM), a self-report measure of household food security for the past 12 months"	
Long et al., 2020	U.S. Household Food Security Survey Module	"Household food security status was assessed in the NHIS and NHPI-NHIS via the 10-item US Adult Food Security Survey Module (Table 1).54 All respondents were asked the 10-item module, as opposed to the full battery of 18 items that are asked of households with children in the CPS"	
Makelarski et al., 2015	2-item screen derived from the 18-item US Household Food Security Screen	"We measured household food insecurity in the past 12 months by using a validated 2-item screen derived from the 18-item US Household Food Security Screen (affirmative responses to either survey item indicated a positive screen for household food insecurity"	
Martin et al., 2004	U.S. Household Food Security Survey Module	"Household food security and hunger were measured using the US Household Food Security Module"	
Martin et al., 2016	Eighteen-Item Household Food Security Scale	"Food security was measured using the USDA 18-item Food Security Module"	

McCurdy and Metallinos- Katsaras, 2011	4 Items from the 18- Item Food Security Core Module (FSCM)	"Household food security status was assessed with caregiver Reponses to 4 items from the 18-item Food Security Core Module (FSCM), commonly used to measure food security status in the United States.24Caregiverswere asked about the following for the previous 12-month time period: (1) not having enough money to buy food for a balanced meal, (2) adults cutting the size of meals or skipping meals, (3) frequency of cutting or skipping meals, and (4) adults not eating for a whole day"	
McDonough et al., 2019	18-item Food Security Core Module (FSCM)	"Using definitions of food security provided by the USDA, we assign each household to a particular state of food security where the various states of food security are food insecure, marginal food secure, and high food secure (i.e., $K=3$). We then track how households move through the distribution of food security from one period to the next. Additionally, the food security questions surveyed come from the USDA's Core Food Security Module"	
Miller et al., 1996	Nutrition Screening Initiative (NSI)& 10- item DETERMINE Checklist	0- Initiative Checklist. Demographic information, economic status,	
Miller et al., 2015	Number of full-service retail food outlets (RFOs) in the neighborhood	"Food stores within one's census tract should be fairly accessible with or without automobile access or other transportation arrangements. In this article we simply measure food availability, or the presence of full service RFOs that offer a selection of fresh or frozen fruits and vegetables"	
Mook et al., 2016	Six-Item Short Form of the Food Security Survey Module	"Data on food security status were collected by using the US Department of Agriculture's 6-item short-form food security scale (21). Food security status was categorized as food secure (raw score 0–1) or food insecure (raw score 2–6) and analyzed as a dichotomous variable (21)"	
Moore et al., 2020	Six-Item Short Form of the Food Security Survey Module	"The food security survey utilized questions from a validated survey, the US Household Food Security Survey Module: Six-Item Short Form developed by the United States Department of Agriculture (USDA).17 The sum of affirmative responses to six questions was used to calculate a raw score that determined the level of food security as food secure (score 0–1 = high security or marginal insecurity), low food security (score 2–4), or very low food security (score 5–6)"	

Morales et al., 2020	Household Pulse Survey (HPS) food insecurity measure	"Instead of including any items from the HFSSM scale, the HPS collected a different measure of food insecurity by asking respondents to choose a statement that best described the food eaten situation in their households over the past 7 days [42]. A recent research report confirmed that the HPS measure is a good indicator of household food insecurity and aligns with the HFSSM measure [43]. We used responses to the HPS question to construct a variable measuring the level of household food insecurity during the COVID-19 pandemic, which ranges from 0 = food secure ("enough of the kinds of food I/ we wanted to eat") to 3 = severely food insecure ("often not enough to eat")"
Murimi et al., 2016	18 food security questions in the CFSM	"The Spanish translation of the US Household Food Security Survey Module by USDA researchers was used. Standard 12 months Core Food Security Module (CFSM) questions were used with the assumption that data collected would capture events of the past 12 months"
Myers and Painter, 2017	NHANES Food Security Module	"The NHANES food security module includes questions on participants' food situations at home and food assistance benefits (i.e., those associated with SNAP) received within the previous 12 months"
Myers et al., 2020	U.S. Household Food Security Survey Module	"Food security status was measured through the US Household Food Security Survey Module (developed by the US Department of Agriculture), which comprises 18 items that assess the "conditions and behaviors that characterize difficulty meeting basic food needs" Three or more affirmative responses in this module indicate food insecurity"
Nagata et al., 2021	U.S. Household Food Security Survey Module	"The questions regarding food sufficiency were consistent with the U.S. Household Food Security Survey Module. Food insufficiency generally describes whether households have enough food for their families to eat and is often the most extreme form of food insecurity. In other surveys, such as the Current Population Survey's Food Security Supplement, 86%–89% of people reporting food insufficiency were deemed food insecure"
Nam et al., 2014	Food Insufficiency Indicator (from SEED OK survey)	"The dependent variable in this study is a food insufficiency indicator created with a question in SEED OK's baseline survey: "During the past 12 months, did your family (1) always have enough to eat, (2) sometimes not have enough to eat, or (3) of-ten not have enough to eat? "This item is a slightly modified version of the first screening question in the U.S. Department of Agriculture's Food Security Core-Module Questionnaire"

Okafor et al., 2020	2-item Hunger Vital Sign Tool	"From January 2017 through February 2017, we utilized a validated two-item screening tool to assess the prevalence of households at risk for food insecurity and conducted a focus group of pediatricians. The USDA provides several tools (6-, 10-, and 18-item) to screen for food insecurity (USDA ERS: Survey Tools, 2019). In November 2015, the American Academy of Pediatrics (AAP) issued a policy statement (Promoting Food Security for All Children, 2018) that endorses the use of the two-item screening tool, now coined the Hunger Vital Sign"		
O'Reilly et al., 2020	2-Item screen to identify families at risk for food insecurity	"Household food insecurity risk was measured with a 2-item screen [36]: (a) "within the past 12 months, we worried whether our food would run out before we got money to buy more" and (b) "within the past 12 months, the food we bought just didn't last and we didn't have money to get more." Answering affirmatively to either or both questions indicate household food insecurity risk, coded 0 = food secure; 1 = food insecure risk"		
Orozoco et al., 2020	U.S. Household Food Security Survey Module	"A validated US Department of Agriculture 18-item Food Security Survey Module was used in the NHANES 2009–2014 surveys to assess household food security status over the prior 12 months. The scale consisted of statements representing coping behaviors or experiences owing to insufficient money to buy food, leading to a score of 0–18"		
Palmer et al., 2018	Six-Item Short Form of the Food Security Survey Module	"Food security was measured according to the six-item USDA core food security module"		
Palmer et al., 2020	Six-Item Short Form of the Food Security Survey Module	"The 6-item USDA Core Food Security Module (CFSM) estimated food security"		
Paschal et al., 2020	U.S. Adult Food Security Survey Module	"The 10-item U.S. Adult Food Security Survey Module40 was used to assess food insecurity. In using the 10-item module, direct inquiry about children's food insecurity was avoided, which was a sensitive issue and concern for one of the partners. Survey burden was also lowered with this version compared to the 18-item module"		
Patterson et al., 2020	U.S. Household Food Security Survey Module	"Both NHIS and NHANES measure food security using the USDA US Food Security Survey Module (α = 0.74–0.93) (Keenan et al., 2001). The survey module asks adults to report their experiences with food security using a scale of 0–10. Levels of food security are designed as "full food security" (0 points), "marginal food security" (1–2 points), "low food security" (3–5 points), and "very low food security" (6–10 points)"		
Payne- Sturges et al., 2018	U.S. Household Food Security Survey Module	"Food security status was assessed via the USDA 18-item Household Food Security Survey Module (HFSSM)"		

Perry et al., 2020	Not reported	"Key outcome markers include four subjective and objective markers of financial strain. The first three measure respondents' reported level of housing insecurity, food insecurity, and general financial insecurity attributed to the COVID-19 pandemic. Housing insecurity, food insecurity, and general financial insecurity were measured in wave 2 by asking respondents the extent to which they agreed that COVID-19 has made them worry that they "may not have a place to live," that they "may not have enough money to buy food," and "about their finances, in general" (0 = strongly disagree, 1 = disagree, 2 = agree, and 3 = strongly agree)"
Pooler and Gleason, 2014	WIC receipt	"Dependent variables of interest in this study included the full use of WIC benefits overall and for each of the 14 WIC food categories. To determine whether benefits were used fully, the same method was applied to each of the 14 food categories:"
Rank and Hirsch, 2009	Receipt of food stamps in the past 12 months	"Food stamp use was derived from a series of questions asked by the PSID interviewers as to whether the household had received specific cash or in-kind public assistance programs at some point during the prior year. With regard to food stamps, respondents were asked, "Did you (or anyone else in your family) use government food stamps at any time in [prior year]?"
Reeder et al., 2020	Six-Item Short Form of the Food Security Survey Module	Food security status was measured using the United States Department of Agriculture's U.S. Household Food Security Survey Module: Six-Item Short Form [26]. This survey uses a subset of questions from the standard 18-item Food Security Survey Module. The Six-Item Short Form is a reliable substitute for the 18-item Food Security Survey Module and has a lower respondent burden.
Ruprecht et al., 2020	Not reported	"Food shortage"
Harare et al., 2020	Not reported	"Drawing on the food insecurity literature 12–15 a number of potential community-level sociodemographic variables were reviewed that may differentiate the two-by-two typology"
Sharkey and Schoenberg, 2002	Nutrition Screening Initiative (NSI)& 10- item DETERMINE Checklist	"Nutritional risk was assessed by administering the Nutrition Screening Initiative (NSI)'s 10-item DETERMINE Checklist. The Checklist was developed as a self-report preliminary screen for warning signs of increased risk for poor nutritional health and is used by the ENP in most states for nutrition risk screening"
Sharkey and Schoenberg, 2005	Food Sufficiency Status based on four self-reported risk situations that were related to absence of food and forced scarce-resource decisions	"The level of food sufficiency, during the 6months prior to the inhome assessment, was operationalized from four self-reported risk situations that were related to absence of food and forced scarce-resource decisions and that were previously used in national evaluation of OAANP to characterize the difficulty in meeting basic food needs among homebound meal program participants"

Siddiqi et al., 2021 Stallings et al., 2016	Six-Item Short Form of the Food Security Survey Module Enrollment in Farmer's Market Nutrition Plan (FMNP)	"We assessed food security in 2018 and 2020 using the validated Adult Food Security Survey Module Six-Item Short Form.21 We created a 3-level food security measure based on the survey module scores: we categorized people with scores ranging from 0 to 1.0 as being food secure, people with scores ranging from 2.0 to 4.0 as having a low level of food security, and people with scores ranging from 5.0 to 6.0 as having a very low level of food security. We based scores on the number of affirmative responses to the 6 questions included in the survey module" "In addition to food vouchers and nutrition education, most states' WIC programs offer the Farmers' Market Nutrition Program (FMNP), which provides FMNP coupons to be redeemed at a WIC-approved farmers' market as a means to increase fresh F&V consumption"	
Stewart et al., 2011	2007 AIDS Alabama Needs Assessment Survey	"The interview covered demographics; basic needs such as food, transportation, and housing; and a wide range of other ancillary services. A total of 14 basic and ancillary service needs were included: financial, legal, pharmaceutical, employment, and housing assistance; substance use, mental health, and alcohol treatment; medical services, transportation, dentalcare, case management, food, and childcare"	
Stockman et al., 2020	WHO survey tool on COVID stressors	"We assessed nine COVID-19 stressors as outlined by the WHO [20]. Examples include food insecurity, insufficient rent, and caregiver status. We employed the Fear of COVID-19 Scale, a 7-item scale, self-reported measure of an individual's fear of COVID-19"	
Stuff et al., 2004	Eighteen-Item Household Food Security Scale	"This interview included the 18-question US Food Security Survey Module and had questions about participation in nutrition assistance programs and income"	
Tackett et al., 2018	Eighteen-Item Household Food Security Scale	"National Health and Nutrition Examination Survey— Household Food Security Questionnaire. This 18-item questionnaire characterizes household food security status. Items assessed food access problems, limitations, food sufficiency, or food shortage"	
Tamar goes et al., 2021	U.S. Household Food Security Survey Module	"FI was determined with the Household Food Security Module, which assesses a respondent's perceived food sufficiency and adequacy during the past 12 months"	
Tan et al., 2020	U.S. Household Food Security Survey Module	"Food insecurity, which were assessed using the Household Food Security Survey (HFSS) module, a validated scale considered the reference measure of food security in the United States (22, 23). This 18-item scale captures uncertainty about food supply, sufficiency of food quantity, and diet quality over the previous 12 months"	
Tong et al., 2019	Six-Item Short Form of the Food Security Survey Module	"We assessed food security using the Six-Item Short Form of the US Household Food Security Survey Module (FSSM), a validated measure of food security in the general population and among older adults"	

Trego et al., 2019	U.S. Adult Food Security Survey Module	"Food insecurity, the dependent variable, was measured by the 10- item adult US Food Security Survey Module (FSSM). The FSSM is designed to assess household financial ability to meet food needs within the past 12 months using Likert scale and yes/no questions"	
Tucker- Seeley et al., 2016	Health and Retirement Study (HRS) Food Insecurity question	"The items from the HRS were selected across five domains of hardship based on the poverty and life stress literatures as well as factors revealed in previous investigations of the measurement properties of hardship indicators: financial hardship, food hardship, housing/neighborhood hardship, employment instability, and medical need"	
Vedovato et al., 2016	Eighteen-Item Household Food Security Scale	"Food security was assessed using the US Department of Agriculture's eighteen-item Household Food Security Scale for households with children under 18 years old. Household food security was determined by the number of food-insecure conditions and reported behaviors reported in the past 12 months"	
Walker et al., 2020	U.S. Household Food Security Survey Module	"During each year of the survey, the same validated scale for food insecurity was used. Ten questions were asked of each family using questions and response options from the US Department of Agriculture Food Security Survey Module. A 4-level food security status was calculated based on the number of affirmative responses using scoring from Bickel et al"	
Wang et al., 2015	First item of the Household Food Insecurity Access Scale	"To capture the broadest domain of food insecurity—uncertainty about food access— VACS incorporated the first question of the 18-item Household Food Insecurity Access Scale (HFIAS) in the baseline patient survey"	
Wang et al., 2021	Six-Item Short Form of the Food Security Survey Module	"Our primary outcome was food security. We scored the 6-item version of the US Department of Agriculture's US Household Food Security Survey Module: Six-Item Short Form as a dichotomous variable: food secure (0 or 1 item answered affirmatively) or food insecure (2–6 items answered affirmatively)"	
Weaver et al., 2019	U.S. Household Food Security Survey Module	"The questionnaire used the United States Department of Agriculture (USDA) food security measure to assess food security. Over time, the measure has been modified and expanded and, most recently, includes a 10-item index"	
Whitbeck et al., 2006	3-item adaptation from the USDA Food Insecurity Scale	"We assessed food insecurity with three items adapted from the USDA food insecurity scale that dealt specifically with going without or cutting back food. It should be noted that these are only three items from a 16-item scale, and they do not reflect the nuances of the full USDA measure"	
Wilson et al., 2006	U.S. Household Food Security Survey Module	"The 16-item US FSSM was verbally administered to each HD participant. Respondents answered often true, sometimes true, or never true to each item"	
Wolfe et al., 1996	Not reported	Not reported	

Wood and Harris, 2018	Not reported	"Food insecurity was a dichotomous measure based on students indicating challenges with "hunger," an acute form of food insecurity"	
Yu et al., 2010	Eighteen-Item Household Food Security Scale	"Child Food Security (the dependent variable) and Household Food Security (independent variable) are measured using items taken from the USDA 18-item Core Food Security Module (CFSM). Nine items from the CFSM use household food security. In the past12 months, households were asked whether: 1) they worried their food would run out before they got money to buy food; 2) the food that they bought just didn't last and they didn't have money to get more; 3) they couldn't afford to eat balanced meals; 4) they relied on only on a few kinds of low-cost food to feed their children because they were running out of money to buy food; 5) they ever cut the size of their meals or skip meals because there wasn't not enough money for food; 6) they ever ate less than they felt they should because there wasn't enough money to for food; 7) they were ever hungry but didn't eat because they couldn't afford enough food; 8) they lost weight because they didn't have enough money for food; and 9) they ever not eat for a whole day because there wasn't enough money for food"	

Table 5. Citation characteristics (sorted by state, region, study design, and risk factors examined)

Citation	State(s)	Region	Study Design
Ahluwalia et al., 2013	Not Reported	Not Reported	Cross-sectional
Baek, 2016	Not Reported	Urban	Cross-sectional
Baer et al., 2015	Massachusetts	Urban	Cross-sectional
Balistreri, 2016	Not Reported	Not Reported	Cohort (longitudinal)
Barnidge et al., 2017	Missouri	Not Reported	Cross-sectional
Barnidge et al., 2017	Missouri	Both (urban and rural)	Concept mapping
Boone-Heinonen et al., 2015	Minnesota, California, Alabama, and Illinois	Not Reported	Cohort (longitudinal)
Borders et al., 2015	Illinois	Urban	Cohort (longitudinal)
Brewer et al., 2010	Georgia	Not Reported	Cross-sectional
Burke et al., 2018	South Carolina	Both (urban and rural)	Cross-sectional
Caraballo et al., 2020	Not Reported	Not Reported	Cross-sectional
Chakrabarti et al., 2021	All 50 US states + DC	Not Reported	Cross-sectional

Chilton and Booth,			
2007	Pennsylvania	Not Reported	Qualitative
Clay and Ross, 2020	Texas	Both	Cross-sectional
Conlon et al., 2015	New York	Urban	Randomized controlled trial
Cook et al., 2002	Minnesota, Maryland, California, Massachusetts, Arkansas, and Washington D.C.	Urban	Cohort (longitudinal)
Cox and Wallace, 2016	Not Reported	Not Reported	Cohort (longitudinal)
Crabtree and Mushi- Brunt, 2013	Not Reported	Both (urban and rural)	Cross-sectional
Dean et al., 2011	Texas	Rural	Cross-sectional
Denney et al., 2020	Not Reported	Not Reported	Cross-sectional
Duke et al., 2021	North Carolina	Urban	Cross-sectional
Duke, 2021	Minnesota	Not Reported	Cross-sectional
Echeverria et al., 2004	New York	Urban	Cross-sectional
Fleming et al., 2021	Not Reported	Not Reported	Cross-sectional
Garrett-Peters and Mills-Koonce, 2013	North Carolina and Pennsylvania	Rural	Cross-sectional
Ghosh and Parish, 2015	Not Reported	Not Reported	Cohort (longitudinal)
Gilbert and Ashley, 2020	Not Reported	Urban	Cross-sectional
Gilbert et al., 2017	Maryland	Not Reported	Cross-sectional
Hanmer et al., 2021	Not Reported	Not Reported	Cross-sectional
Harrison et al., 2005	California	Not Reported	Cross-sectional
Hernandez and Pressler, 2013	Not Reported	Not Reported	Cohort (longitudinal)
Huang et al., 2015	Not Reported	Not Reported	Cohort (longitudinal)
Kaiser et al., 2007	California	Not Reported	Cross-sectional
Keene et al., 2015	Not Reported	Urban	Cross-sectional
Kharmats et al., 2014	Maryland	Urban	Cross-sectional
Kipke et al., 2020	California	Urban	Cross-sectional
Koh et al., 2020	Ohio	Urban	Cross-sectional
Laraia et al., 2006	North Carolina	Not Reported	Cross-sectional
Laraia et al., 2009	North Carolina	Not Reported	Cross-sectional
Lauren et al., 2021	Not Reported	Not Reported	Cross-sectional

Lee et al., 2011	Georgia	Both (urban and rural)	Cohort (longitudinal)		
Leigh and Medel- Herrero, 2015	California	Not Reported	Cross-sectional		
Liese et al., 2021	South Carolina	Urban	Cohort (longitudinal)		
Lin et al., 2021	Not Reported	Not Reported	Cross-sectional		
Lombe et al., 2009	Not Reported	Not Reported	Cross-sectional		
Long et al., 2020	Not Reported	Not Reported	Cross-sectional		
Makelarski et al., 2015	Illinois	Urban	Cross-sectional		
Martin et al., 2004	Connecticut	Urban	Cross-sectional		
Martin et al., 2016	Connecticut	Urban	Randomized controlled trial		
McCurdy and Metallinos-Katsaras, 2011	Massachusetts	Not Reported	Cohort (longitudinal)		
McDonough et al., 2019	Not Reported	Not Reported	Cohort (longitudinal)		
Miller et al., 1996	Missouri and Illinois	Urban	Cross-sectional		
Miller et al., 2015	Kansas	Urban	Cross-sectional		
Mook et al., 2016	California	Urban	Cross-sectional		
Moore et al., 2020	Texas	Urban	Cross-sectional		
Morales et al., 2020	All 50 US states + DC	Not Reported	Cross-sectional		
Murimi et al., 2016	Texas	Both (urban and rural)	Cross-sectional		
Myers and Painter, 2017	Not Reported	Not Reported	Cross-sectional		
Myers et al., 2020	Not Reported	Not Reported	Cross-sectional		
Nagata et al., 2021	Not Reported	Not Reported	Cross-sectional		
Nam et al., 2014	Oklahoma	Not Reported	Cross-sectional		
Okafor et al., 2020	Connecticut	Not Reported	Cross-sectional		
O'Reilly et al., 2020	Not Reported	Urban	Cross-sectional		
Orozoco et al., 2020	Not Reported	Not Reported Both (urban and	Cross-sectional		
Palmer et al., 2018	et al., 2018 Iowa		Cross-sectional		
Palmer et al., 2020	Iowa	Not Reported Both (urban and	Cross-sectional		
Paschal et al., 2020	Paschal et al., 2020 Alabama		Cross-sectional		
Patterson et al., 2020	Not Reported	Not Reported Cross-sectional			
Payne-Sturges et al., 2018	Not Reported	Not Reported	Cross-sectional		

Perry et al., 2020	Indiana	Both (urban and rural)	Cohort (longitudinal)	
Pooler and Gleason, 2014	,		Cross-sectional	
Rank and Hirschl, 2009 Not Reported		Not Reported	Cohort (longitudinal)	
Reeder et al., 2020 Mississippi		Not Reported	Cross-sectional	
Ruprecht et al., 2020	Illinois	Urban	Cross-sectional	
Sharareh et al., 2020	Utah	Not Reported	Cross-sectional	
Sharkey and Schoenberg, 2002	North Carolina	Not Reported	Cross-sectional	
Sharkey and Schoenberg, 2005	North Carolina	Not Reported	Cross-sectional	
Siddiqi et al., 2021	Pennsylvania	Urban	Cohort (longitudinal)	
Stallings et al., 2016	Georgia	Urban	Randomized controlled trial	
Stewart et al., 2011	Alabama	Rural	Cross-sectional	
Stockman et al., 2020	Not Reported	Both (urban and rural)	Cross-sectional	
Stuff et al., 2004	Louisiana, Mississippi, and Arkansas	Not Reported	Cross-sectional	
Tackett et al., 2018	Not Reported	Not Reported	Cross-sectional	
Tamargo et al., 2021	Florida	Urban	Cohort (longitudinal)	
Tan et al., 2020	Not Reported	Not Reported	Cross-sectional	
Tong et al., 2019	California	Not Reported	Cross-sectional	
Trego et al., 2019	Not Reported	Not Reported	Cross-sectional	
Tucker-Seeley et al., 2016	Not Reported	Not Reported	Cohort (longitudinal)	
Vedovato et al., 2016	Maryland	Urban	Cross-sectional	
Walker et al., 2020	Not Reported	Not Reported	Cross-sectional	
Wang et al., 2015	Not Reported	Not Reported	Cohort (longitudinal)	
Wang et al., 2021	California	Urban	Cohort (longitudinal)	
Weaver et al., 2019	New Jersey	Not Reported	Cross-sectional	
Whitbeck et al., 2006	Kansas, Missouri, Iowa, and Nebraska	Urban	Cross-sectional	
Wilson et al., 2006	Louisiana	Not Reported	Cross-sectional	
Wolfe et al., 1996	New York	Both (urban and rural)	Qualitative	
Wood and Harris, 2018	California	Not Reported	Cross-sectional	

Yu et al., 2010	Not Reported	Not Reported	Cross-sectional
1 4 5 41., 2010	1 tot Reported	1 tot Reported	Closs sectional

Table 6. Spread of study participants' ages (sorted by lower and upper age limits, number of study participants, and number of households)

Citation	Lower age limit	Upper age limit	Central tendency	Total African Americans	Total Participants	Total African American households	Total households
Ahluwalia et al., 2013	Not reported	Not reported	Not reported	2384	14478	2384	14478
Baek, 2016	Not reported	Not reported	Not reported	Not reported	28304	Not reported	28304
Baer et al., 2015	15	25	Mean: 18	216	400	216	400
Balistreri, 2016	Not reported	Not reported	Not reported	Not reported	263,779	Not reported	263,779
Barnidge et al., 2017	Not reported	Not reported	Median: 31	160	212	160	212
Barnidge et al., 2017	Not reported	Not reported	Median: 37	38	38	38	38
Boone- Heinonen et al., 2015	18	30	Not reported	2038	4174	2038	4174
Borders et al., 2015	Not reported	Not reported	Not reported	55	112	55	112
Brewer et al., 2010	Not reported	Not reported	Median: 76	220	621	220	621
Burke et al., 2018	Not reported	Not reported	Mean: 40.8	154	194	154	194
Caraballo et al., 2020	18	64	Mean: 51.6	1781	8967	Not- reported	Not- reported
Chakrabarti et al., 2021	Not- reported	Not- reported	Mean: 51.55	86062	1088314	Not- reported	Not- reported
Chilton and Booth, 2007	25	60	Mean: 45	34	34	34	34
Clay and Ross, 2020	18	64	Not- reported	101	1002	101	1002
Conlon et al., 2015	22	67	Mean: 37.1	54	301	54	301
Cook et al., 2002	Not reported	Not reported	Not reported	1872	2178	1872	2178

Cox and Wallace, 2016	Not reported	Not reported	Not reported	Not reported	4898	Not reported	Not reported
Crabtree and Mushi- Brunt, 2013	18	99	Mean: 63.92	1140	4672	1140	4672
Dean et al., 2011	Not reported	Not reported	Mean: 64.1	Not reported	1059	Not reported	1059
Denney et al., 2020	Not- reported	Not- reported	Mean: 33.49	1290	8600	1290	8600
Duke et al., 2021	18	48	mean: 20.1	320	351	Not- reported	Not- reported
Duke, 2021	18	19	Mean: 14.8	Not- reported	644	Not- reported	Not- reported
Echeverria et al., 2004	Not reported	Not reported	Mean: 38.4	Not reported	48	Not reported	48
Fleming et al., 2021	13	18	Median:	1207	4777	Not- reported	Not- reported
Garrett- Peters and Mills- Koonce, 2013	Not reported	Not reported	Not reported	Not reported	Not reported	Not reported	Not reported
Ghosh and Parish, 2015	Not reported	Not reported	Not reported	2049	9919	2049	9919
Gilbert and Ashley, 2020 Gilbert et	Not- reported	Not- reported	Mean: 47.6 Mean:	365	498	365	498
al., 2017	reported	reported	26.8	8928	23065	8928	23065
Hanmer et al., 2021	18	75	Not- reported	467	4142	Not- reported	Not- reported
Harrison et al., 2005	18	Not reported	Not reported	Not reported	2926000	Not reported	Not reported
Hernandez and Pressler, 2013	Not reported	Not reported	Mean: 28.8	396	1650	396	1650
Huang et al., 2015	Not reported	Not reported	Mean: 39.94	4120	18263	4120	18263
Kaiser et al., 2007	18	98	Not reported	252	4037	252	4037
Keene et al., 2015	Not reported	Not reported	Not reported	905	905	905	905

Kharmats et al., 2014	22	89	Mean: 47.6	244	362	244	362
Kipke et al., 2020	16	24	Mean: 22.3	94	448	Not- reported	Not- reported
Koh et al., 2020	18	65	Not- reported	148	586	148	586
Laraia et al., 2006	16	45	Mean: 27.2	201	606	201	606
Laraia et al., 2009	18	35	Not reported	206	206	206	206
Lauren et al., 2021	18	65	Not- reported	73	1250	73	1250
Lee et al., 2011	Not reported	Not reported	Mean: 74.6	238	717	238	717
Leigh and Medel- Herrero, 2015	Not reported	Not reported	Not reported	Not reported	40,896	Not reported	40,896
Liese et al., 2021	Not- reported	Not- reported	Mean: 54.1	373	397	373	397
Lin et al., 2021	18	49	Not- reported	39	554	39	554
Lombe et al., 2009	18	80	Mean: 45.2	3104	23360	3104	23360
Long et al., 2020	18	not- reported	Not- reported	5056	38860	5056	38860
Makelarski et al., 2015	Not reported	Not reported	Not reported	87	200	87	200
Martin et al., 2004	Not reported	Not reported	Not reported	145	330	145	330
Martin et al., 2016	Not reported	Not reported	Mean: 51.4	164	227	164	227
McCurdy and Metallinos- Katsaras, 2011	Not reported	Not reported	Not reported	3049	18039	3049	18039
McDonough et al., 2019	Not- reported	not- reported	Not- reported	642	6822	642	6822
Miller et al., 1996	Not reported	Not reported	Not reported	416	416	416	416
Miller et al., 2015	Not reported	Not reported	Not reported	Not reported	177,688	Not reported	Not reported

Mook et al., 2016	Not reported	Not reported	Not reported	272	531	272	531
Moore et al., 2020	18	not- reported	Not- reported	90	602	90	602
Morales et al., 2020	Not- reported	Not- reported	Mean: 48.236	8546	74413	8546	74413
Murimi et al., 2016	Not reported	Not reported	Not reported	62	191	62	191
Myers and Painter, 2017	Not reported	Not reported	Mean: 46.21	5762	32464	5762	32464
Myers et al., 2020	20	Not- reported	Mean: 46.9	5389	46145	5389	46145
Nagata et al., 2021	Not- reported	Not- reported	mean: 48.46	6985	63674	6985	63674
Nam et al., 2014	Not reported	Not reported	Not reported	465	2652	465	2652
Okafor et al., 2020	1.08	94	Not- reported	388	1299	388	1299
O'Reilly et al., 2020	Not- reported	Not- reported	Not- reported	409	450	409	450
Orozoco et al., 2020	Not- reported	Not- reported	Not- reported	417	2069	417	2069
Palmer et al., 2018	Not reported	Not reported	Mean: 34.7	14	36	14	36
Palmer et al., 2020	19	50	Mean: 34.7	14	36	14	36
Paschal et al., 2020	45	65	Not- reported	102	102	102	102
Patterson et al., 2020	18	59	Not- reported	11211	52702	11211	52702
Payne- Sturges et al., 2018	Not reported	Not reported	Mean: 20.69	20	237	20	237
Perry et al., 2020	Not- reported	Not- reported	Mean: 45.77	89	994	89	994
Pooler and Gleason, 2014	Not reported	Not reported	Not reported	40230	152794	40230	152794
Rank and Hirschl, 2009	1	20	Not reported	Not reported	Not reported	Not reported	Not reported

Reeder et al., 2020	18	24	Mean: 19.77	24	131	Not- reported	Not- reported
Ruprecht et al., 2020	21	70	Not- reported	64	107	64	107
Sharareh et al., 2020	Not- reported	Not- reported	Not- reported	Not- reported	Not-reported	Not- reported	Not- reported
Sharkey and Schoenberg, 2002	60	103	Mean: 79	335	729	335	729
Sharkey and Schoenberg, 2005	61	98	Median: 79	125	268	125	268
Siddiqi et al., 2021	Not- reported	Not- reported	Mean: 62	537	598	537	598
Stallings et al., 2016	Not reported	Not reported	Not reported	148	149	148	149
Stewart et al., 2011	18	76	Mean: 42.5	364	476	364	476
Stockman et al., 2020	18	Not- reported	Median: 33	60	473	60	473
Stuff et al., 2004	Not reported	Not reported	Not reported	807	1662	807	1662
Tackett et al., 2018	Not reported	Not reported	Not reported	40	183	40	183
Tamargo et al., 2021	Not- reported	Not- reported	Mean: 53.9	283	394	283	394
Tan et al., 2020	Not- reported	Not- reported	Median: 49.6	914	1324	914	1324
Tong et al., 2019	Not reported	Not reported	Median: 58	279	350	Not applicable	Not applicable
Trego et al., 2019	20	Not reported	Not reported	2616	11220	Not reported	Not reported
Tucker- Seeley et al., 2016	Not reported	Not reported	Mean: 66.6	415	3074	415	3074
Vedovato et al., 2016	Not reported	Not reported	Not reported	298	298	298	298
Walker et al., 2020	18	65	Not- reported	36099	287836	36099	287836
Wang et al., 2015	Not reported	Not reported	Not reported	4336	6709	4336	6709
Wang et al., 2021	Not- reported	79	Not- reported	80	213	80	213

Weaver et al., 2019	Not reported	Not reported	Mean: 20.9	216	2055	216	2055
Whitbeck et al., 2006	16	19	Mean: 17.4	94	428	Not applicable	Not applicable
Wilson et al., 2006	Not reported	Not reported	Mean: 59.1	55	98	55	98
Wolfe et al., 1996	60	89	Not reported	16	41	16	35
Wood and Harris, 2018	18	Not reported	Not reported	718	6103	718	6103
Yu et al., 2010	18	79	Mean: 35.2	710	3799	710	3799

Synthesis of results

Data were extracted from ninety-eight citations. Seventy-three studies employed a cross-sectional design, while the remaining studies were as follows: cohort/longitudinal (n = 19 studies), randomized controlled trial (n = 3 studies), qualitative (n = 2 studies), and concept mapping (n = 1 study). Studies were conducted in many states, but many authors did not report the state (n= 35). Twenty-eight studies reported findings from urban, both urban and rural (n = 12 studies), and rural (n = 3 studies) regions while the remaining studies did not report a specific region (n = 55 studies).

For the 115 risk factors identified, demographic characteristics represented the majority of factors described in the literature (n = 53 factors). Behavioural (lifestyle and nutritional habits, n = 5 factors), environmental (physical and social environment, n = 38 factors), health-related characteristics (physical and mental health, n = 15 factors), and COVID-19 related risk factors (n = 4) were less commonly reported. For possible consequences of food insecurity (n = 92 factors), the following terms received the greatest number of hits across the reviewed

citations: self-reported health status (n = 16 citation hits), total number of people in household

272 (n = 14 citation hits), SNAP recipient (n = 14 citation hits), depression or depressive symptoms
273 (n = 12 citation hits), and body mass index (BMI) (n = 8 citation hits).

The results of the risk factor mapping process are presented in Figure 2. Dimensions of Food Insecurity Evidence and Gap Map (EGM). The 115 risk factors were mapped to five broad categories (demographic, behaviour, environment, health-related factors, and COVID-19 related factors) along with ten descriptive subcategories for further risk factor categorization. Each subcategory was further mapped to the three dimensions of food security (food accessibility, availability, and utilization) and each combination available (1. Accessibility and Availability; 2. All Categories; 3. Accessibility; 4. Accessibility and Utilization; 5. Availability (Figure 2). None of the identified risk factors mapped to food utilization exclusively, so this category was not represented in the figure. Demographic factors mapped most frequently to the accessibility category while household and economic factors mapped to the food accessibility and utilization categories. Behavioural factors linked to behaviour and nutrition mapped to all three dimensions of food security, while COVID-19 related factors and health-related factors primarily mapped to food accessibility and utilization. Most of the physical environmental factors mapped to food accessibility and availability, while most social environmental factors mapped to food accessibility exclusively. Ultimately, this EGM provides a visual breakdown of risk factor categorization across each dimension and possible combination of food security in all included studies (Figure 2). Thirty-seven measures of food security were identified across 98 citations. Most authors

Thirty-seven measures of food security were identified across 98 citations. Most authors implemented the U.S. Household Food Security Survey Module (n = 16), the Six-Item Short Form of the Food Security Survey Module (n = 16), and the Eighteen-Item Household Food Security Scale (n = 13). The remaining studies referenced other measures of food security (Table 4). Adaptations of the USDA Food Security Survey Module included the US Adult Food Security Survey Module, a 2-item screener derived from the 18-Item US Household Food

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Security Screen, and a 3-litem adaptation from the USDA Food Insecurity Scale [17-19]. Non-USDA metrics included the National Health Interview Survey on Disability, the 2007 AIDS Alabama Needs Assessment Survey, the Survey of Income and Program Participation (SIPP), the Food Insufficiency Indicator (from SEED OK Survey), the Current Population Survey Food Security Supplement (CPS-FSS), the Health and Retirement Study (HRS) Food Insecurity Questionnaire, the Radimer-Cornell Hunger and Food Insecurity Instrument, the Access to Healthy Foods Scale, and the NHANES Food Security Module [21-29]. Remaining metrics include Food Sufficiency Status based on four self-reported risk situations that were related to absence of food and forced scarce-resource decisions, neighbourhood supermarket density per 10,000 people, receipt of food stamps in the past 12 months, the number of full-service retail food outlets (RFOs) in the neighbourhood, and WIC receipt [30-33].

Most of the demographic factors (n = 53 risk factors), including household and economic terms, were mapped to the food access category (n = 52 risk factors) while remaining dimensions of food security, food availability (n = 5 risk factors) and food utilization (n = 26 risk factors), were mapped less frequently (Table 7). Examples of identified demographic risk factors include age, race/ethnicity, gender, number of children in household, socioeconomic status (SES), and family poverty. All behavioural factors (n = 5), including lifestyle habits and terms linked to nutrition, mapped to food access and food utilization (Table 8). Most of the environmental factors (n = 38 factors), including physical and social environment terms, mapped to the food access category (n = 36 factors), while food availability (n = 19 factors) and food utilization (n = 10 factors), were mapped less frequently (Table 9). Examples of identified environmental risk factors include geographic location, living situation, neighbourhood grocery store availability, and neighbourhood safety from crime and violence. All health-related factors (n = 15), including physical and mental health terms, mapped to the food access dimension of food insecurity. Most of these terms also mapped to the food utilization category (n = 13) while

none of them mapped to food availability (Table 10). Examples of identified health-related risk factors include human immunodeficiency virus (HIV) status, arthritis, alcoholism, liver fibrosis, and health insurance status. All COVID-19 related risk factors (n = 4), including impact of COVID-19 on employment, stay-at-home orders, decreased income due to COVID-19, and unemployed prior to pandemic, mapped to the food access and utilization dimension of food security (Table 11).

328 Table 7. Demographic risk factors mapped to the dimensions of food insecurity

Term	Citation Hits	Sub Category	Accessibility	Availability	Utilization	Level
Race/ethnicity	65	Demographic	Accessibility			Individual
Age	54	Demographic	Accessibility			Individual
Education	52	Demographic	Accessibility			Individual
Gender (social)	41	Demographic	Accessibility			Individual
Household income	29	Economic	Accessibility		Utilization	Group
Employed/Unemployed	28	Economic	Accessibility		Utilization	Individual
Marital status (partnered status)	28	Household	Accessibility		Utilization	Group
Number of children in household	20	Household	Accessibility		Utilization	Group
Income	15	Economic	Accessibility		Utilization	Individual
Family poverty	11	Economic	Accessibility	Availability	Utilization	Group
Child's age	10	Household	Accessibility		Utilization	Group
Race	10	Demographic	Accessibility			Individual
Single parent (status)	6	Household	Accessibility		Utilization	Group
Time (year)	6	Demographic	Accessibility	Availability		Group
Mother's age	5	Household	Accessibility		Utilization	Group
Child's gender	4	Household	Accessibility			Individual
Female-headed household	4	Household	Accessibility			Group
Home ownership	4	Economic	Accessibility		Utilization	Individual

Documentation status (work permit, citizen, legal permanent resident, etc.)	3	Demographic	Accessibility			Individual
Poverty rate	3	Economic	Accessibility	Availability	Utilization	Group
Sexual orientation	3	Demographic	Accessibility			Individual
Unemployment rate	3	Economic	Accessibility			Group
Disability	2	Demographic	Accessibility		Utilization	Individual
Family monthly poverty level index History of military	2	Economic Demographic	Accessibility Accessibility			Group
service			_		TT.'1'	
Hours of work Infant/child	2	Economic Household	Accessibility Accessibility		Utilization	Individual Individual
race/ethnicity Maternal union transitions	2	Economic	Accessibility			Individual
Pregnant woman (pregnancy status)	2	Demographic	Accessibility		Utilization	Individual
Baby's father in household	1	Household	Accessibility		Utilization	Group
Baby's grandmother in household	1	Household	Accessibility		Utilization	Group
Bank account ownership	1	Economic	Accessibility			Individual
Child in household on NSLP (National School Lunch Program)	1	Household		Availability		Both
Credit card ownership	1	Economic	Accessibility			Individual

Disabled adults in household	1	Household	Accessibility		Utilization	Group
Disabled child in household (not receiving SSI)	1	Household	Accessibility		Utilization	Group
Disabled child in household (receiving SSI)	1	Household	Accessibility		Utilization	Group
English proficiency	1	Demographic	Accessibility			Individual
Financial capability	1	Economic	Accessibility		Utilization	Both
Financial hardship from medical bills	1	Economic	Accessibility			Both
Gender modality (transgender or cisgender)	1	Demographic	Accessibility			Individual
Has dependents	1	Household	Accessibility		Utilization	Individual
Have enough money to buy food at the hospital	1	Economic	Accessibility			Individual
History of incarceration	1	Household	Accessibility		Utilization	Both
Income insecurity	1	Economic	Accessibility	Availability	Utilization	Both
Parental drug use	1	Household	Accessibility		Utilization	Group
Parental incarceration	1	Household	Accessibility		Utilization	Group
Religion	1	Demographic	Accessibility			Individual
Senior in household	1	Household	Accessibility		Utilization	Group
Socio-economic status (SES)	1	Economic	Accessibility			Individual
State welfare expenditures	1	Economic	Accessibility			Group

Unexpected expenses	1	Economic	Accessibility		Individual
Will lose income from your job because of hospital stay	1	Economic	Accessibility		Individual

330 Table 8. Behavioural risk factors mapped to the dimensions of food insecurity

Term	Citation Hits	Sub Category	Accessibility	Availability	Utilization	Level
Drug problem	3	Behavioral	Accessibility		Utilization	Individual
"I'm too busy to take						
the time to prepare						
healthy foods"	2	Nutrition	Accessibility		Utilization	Individual
SNAP receipt in past						
year	2	Nutrition	Accessibility		Utilization	Individual
Time since SNAP						
distribution	1	Nutrition	Accessibility		Utilization	Individual
Taking prescribed						
medications	1	Behavioral	Accessibility		Utilization	Individual

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332 Table 9. Environmental risk factors mapped to the dimensions of food insecurity

Term	Citation Hits	Sub Category	Accessibility	Availability	Utilization	Level
Urbanicity	7	Physical Environment	Accessibility	Availability		Group
Access to car	5	Physical Environment	Accessibility			Both
Living situation						
(living alone vs with spouse/family/room-		Physical	4 9191		TT.'11	D. d
mates)	4	Environment	Accessibility		Utilization	Both

			1			
Social support (to		Social				
borrow money from)	4	Environment	Accessibility			Individual
Access to help from						
family, friends,		Social			*****	
neighbors	3	Environment	Accessibility		Utilization	Individual
Can anombia la sotion		Physical Environment	A	A :1 -1-:1:4		Cassan
Geographic location	2		Accessibility	Availability		Group
State	2	Physical Environment	Accessibility	Availability		Group
State	2	Social	Accessionity	Availability		Огоцр
Social capital	2	Environment	Accessibility			Individual
Metropolitan		Physical				
residency	1	Environment	Accessibility	Availability		Group
Fruit and vegetable						
selection in		Physical				
neighborhood	1	Environment	Accessibility	Availability		Group
Have transportation		D1 ' 1				
to get food while at the hospital	1	Physical Environment	Accessibility			Individual
Neighborhood ascetic	1	Physical	Accessionity			marviauar
quality	1	Environment	Accessibility	Availability		Group
Neighborhood						1
walking/exercise		Physical				
environment	1	Environment	Accessibility			Group
Neighborhood safety		Physical				
from crime/violence	1	Environment	Accessibility	Availability		Group
Neighborhood						
grocery store		Physical				
availability	1	Environment		Availability		Group
Ambient		D1				
(environmental	1	Physical Environment	Accessibility	Availability		Grove
temperature)	1		Accessibility	Availability		Group
Birthplace (inside vs outside US)	1	Physical Environment	Accessibility			Individual
	1	Physical	11000551011111			IIIGI VIGUAI
Calendar month	1	Environment	Accessibility			Individual
Patterns of food		Physical				
source destinations	1	Environment		Availability		Group

Hama damas	1	Physical	A 11-1114	A 11-1-114	114:1:4:	D - 41-
Home damage	1	Environment	Accessibility	Availability	Utilization	Both
Relocation	1	Physical Environment	Accessibility	Availability	Utilization	Both
Disaster assistance	1	Physical Environment	Accessibility	Availability	Utilization	Both
Spatial access	1	Physical Environment	Accessibility	Availability		Both
Transportation mode	1	Physical Environment	Accessibility			Individual
Shopping distance	1	Physical Environment	Accessibility	Availability	Utilization	Both
Member of social or civic organization	1	Social Environment	Accessibility			Individual
Personal disparity	1	Social Environment	Accessibility			Individual
Number of people in social network	1	Social Environment	Accessibility		Utilization	Individual
Church (community characteristic)	1	Social Environment	Accessibility	Availability		Both
Neighborhood participation index	1	Social Environment	Accessibility		Utilization	Group
Neighborhood social cohesion	1	Social Environment	Accessibility		Utilization	Group
Neighborhood problems index	1	Social Environment	Accessibility	Availability		Group
Lifetime racial discrimination	1	Social Environment	Accessibility			Individual
Neighborhood congruence	1	Social Environment	Accessibility			Group
Neighborhood SES	1	Social Environment	Accessibility	Availability		Group
Neighborhood race/ethnic statuses	1	Social Environment	Accessibility	Availability		Group
Sense of community	1	Social Environment	Accessibility		Utilization	Group
SNAP policy change	1	Social Environment	Accessibility			Group

334 Table 10. Health-Related risk factors mapped to the dimensions of food insecurity

Term	Citation Hits	Sub Category	Accessibility	Availability	Utilization	Level
Health insurance		Physical	Trecessioning			20,01
status	4	Health	Accessibility		Utilization	Both
status	7	Ticarui	Accessionity		Ctilization	Dour
Impairment that						
limits/prevents use						
of public		Physical			******	
transportation	2	Health	Accessibility		Utilization	Individual
A1 1 1'		Mental	A '1 '1'		TT(*11* 4*	T 1' ' 1 1
Alcoholism	2	Health	Accessibility		Utilization	Individual
Concern type	1	Physical Health	Aggagibility		Utilization	Individual
Cancer type	1		Accessibility		Utilization	marviduai
Time since cancer		Physical				
diagnosis	1	Health	Accessibility		Utilization	Individual
D'CC 1, 11 '	1	Physical	A '1 '1'			T 1' ' 1 1
Difficulty walking	1	Health	Accessibility			Individual
Difficulty sitting	1	Physical Health	Accessibility			Individual
Difficulty sitting	1		Accessibility			marviduai
D1001 1		Physical			******	
Difficulty standing	1	Health	Accessibility		Utilization	Individual
Difficulty						
lifting/carrying		Physical				
(10lbs)	1	Health	Accessibility		Utilization	Individual
Length of time on		Physical				
dialysis	1	Health	Accessibility		Utilization	Individual
		Physical				
HIV status	1	Health	Accessibility		Utilization	Individual
		Physical				
Arthritis	1	Health	Accessibility		Utilization	Individual
		Physical				
Joint pain	1	Health	Accessibility		Utilization	Individual
T		Physical			*****	
Liver fibrosis	1	Health	Accessibility		Utilization	Individual
24	1	Mental	A 91.91%		TT. 11	T 1' ' 1 1
Mastery score	1	Health	Accessibility		Utilization	Individual

336 Table 11. COVID-19 related risk factors mapped to the dimensions of food insecurity

Term	Citation Hits	Sub-category	Accessibility	Availability	Utilization	Level
Impact of COVID- 19 on Employment	1	COVID-19	Accessibility		Utilization	Individual
State stay-at-home orders	1	COVID-19	Accessibility		Utilization	Group

Decreased income (COVID-19)	1	COVID-19	Accessibility	Utilization	Both
Unemployed (prior to pandemic)	1	COVID-19	Accessibility	Utilization	Individual

Discussion

Summary of the evidence

The findings from this evidence and gap map suggest that a wide range of risk factors have been evaluated for an association with food insecurity among African American adults across the peer-reviewed literature. Demographic and environmental categories represented the greatest number of risk factors evaluated across studies, which suggests that these categories, and relevant terms within each group, have received adequate representation across studies.

which?

COVID-19 related factors (n = 4), behavioural factors (n = 5), and health-related factors (n = 15) comprised the fewest number of risk factors across included studies, which serves as a significant gap compared to demographic and environmental characteristics. It is critical for researchers to consider risk factor representation to fill knowledge gaps by examining behavioural and health-related risk factors among African American adults in future studies. A few examples include sexual orientation [20], English proficiency [32], pregnancy status [34-35], religion [36], lifetime racial discrimination [15], neighbourhood safety from crime and violence [24], neighbourhood grocery store availability [36], impairment that limits use of public transportation [22, 37], HIV status [38], decreased income due to COVID [39], impact of COVID-19 on employment, and stay-at-home orders [40]. Future primary research studies could focus on these under-represented risk factors that may perpetuate food insecurity among African American adults. The inference obtained from a single estimate is limited, therefore authors of future studies should consider the information from the small number of conducted

studies to refine behavioural metrics and improve study design for stronger inference about associations.

Diverse measures have been employed across this body of included studies to measure food insecurity. The use of multiple measures presents issues for understanding the entire body of work. If researchers and clinicians are willing to modify standardized measures of food security, then a justification for this modification must be reported. For example, the 2-item screen derived from the 18-Item US Household Food Security Screen could impact the accuracy of the measurement of food insecurity. In addition, it is important for researchers and clinicians to consider the value or weight of individual questions within modified screeners. Variation in questions and similar themes could lead to distinct differences between metrics of food security. The authors of this evidence and gap map encourage researchers to utilize standardized metrics in addition to any questionnaire modification they desire, so that the body of work has a standard for comparison. Efforts such as the Core Outcome Measures in Effectiveness Trials Initiative (COMET) have been working towards standardizing outcomes as a means of reducing research wastage [41]. The rationale for using standard outcomes is that it facilitates comparison between studies. Of course, inclusion of a standard outcome like the USDA 18-item questionnaire, is not a barrier to adding additional outcomes that researchers are interested in investigating.

Results from this evidence and gap map also suggest that the three hierarchical dimensions of food security (food accessibility, availability, and utilization) are represented by distinct risk factor categories across the peer-reviewed literature and are not equally evaluated. It is critical for researchers to acknowledge that risk factors linked to food accessibility have received adequate risk factor representation across the published literature and that other dimensions of food security, food availability and food utilization, must be explored to better serve African American adults who experience barriers linked to food insecurity.

Another gap includes the absence of synthesized results for risk factors that have received adequate study representation across the peer-reviewed literature. Multiple demographic risk factors including education, age, race/ethnicity, and gender were assessed for an association with food insecurity among all 62 included studies. A systematic review of these risk factors might expose which demographic factors are associated with the highest risk of food insecurity among members of the population of interest.

Another characteristic was the frequent use of cross-sectional study designs (n = 73) compared to cohort or longitudinal study designs (n = 19) and randomized controlled trials (n = 3). As noted by multiple authors of the included studies, the use of the cross-sectional design limits the assertion of a causal relationship between exposure variables and outcomes of interest [22]. However, there is an opportunity to consider the implementation of other designs such as cohort study designs. The value that could be obtained from studying groups that do not experience food insecurity and then become food insecure would eliminate many of the limitations of trying to understand the cause and effect presented across the peer-reviewed literature.

Limitations

The focus of this EGM was on peer-reviewed literature, and it is unclear if inclusion of grey literature would have impacted the findings.

Conclusions

The findings from this evidence and gap map suggest that metrics of food security and risk factors associated with food insecurity among African American adults have received variable levels of representation across the literature. It is critical for the research community to consider the wide range of food security metrics that exist and how the creation of new metrics or modification of standardized metrics could impact the ability to synthesize the

already been extensively studied and that are eligible for systematic reviews (education, age, race/ethnicity, and gender) as they consider the next steps in this area. Resources for research are always limited but replication is critical. However, it behoves researches to ensure that evaluating the same risk factor again will add as much value as adding a new factor if costs are involved in data collection. For example, behavioural risk factors and risk factors mapped to the food availability dimension of food security require further investigation to better assess barriers that impact African American populations in the United States. Other underrepresented risk factors to consider for future research include factors linked to health disparities among African American adults: lifetime racial discrimination, neighbourhood grocery store availability, neighbourhood safety from violence, and income insecurity. It is crucial for authors to consider the impact of these factors and how they relate to forms of systemic racism and the 1995-2019 COVID-19 pandemic in the United States. Currently, there is a potential to conduct systemic racism and potential covid linkage is weak reviews on these topics and summarize the associations found across multiple populations.

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572	Supporting Information
573	Appendix A: Screening Forms
574	Title and abstract screening: Title/Abstract screening was performed using the following
575	questions, with response options "yes", "no", or "unclear":
576	1. Is the title/abstract available in English?

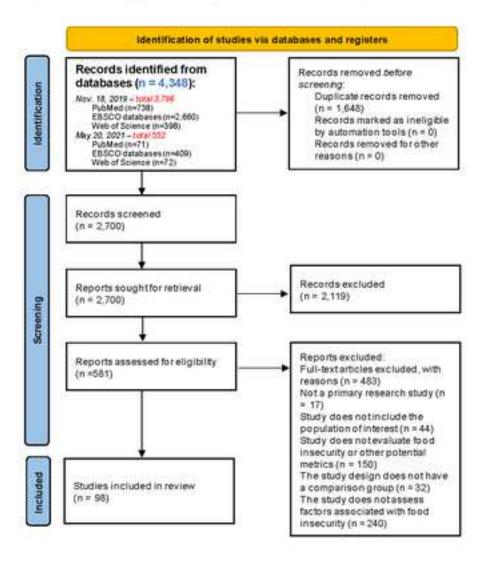
577	a. Yes, include and proceed to Q2 (If there is no abstract but the title is in English,
578	answer "Yes")
579	b. No, exclude; (specify language)
580	2. Is the primary research study describing food (in)security metrics among African
581	American adults in the United States?
582	a. Yes, include and proceed to full-text screening.
583	b. No, exclude.
584	c. Unclear, proceed to full-text screening.
585	3. Comments
586	Full-text screening: Full-text screening was performed using the following questions:
587	1. Is the full text available in English?
588	a. Yes, include and proceed to next question.
589	b. No, exclude; (specify language)
590	2. Does the full-text article describe a primary research study?
591	a. Yes, include and proceed to next question.
592	b. No, exclude.
593	3. Does the full-text article include the population of interest (African American adults in
594	the United States)?
595	a. Yes, include/proceed to next question.
596	b. No, exclude.
597	4. Does the full text evaluate food (in)security or potential metrics of food insecurity such
598	as availability (NOT just availability only in the home but outside the home), supply,
599	intake, deprivation, utilization, or use of Food Assistance Programs?
600	a. Yes, include and proceed to next question.
601	b. No, exclude.

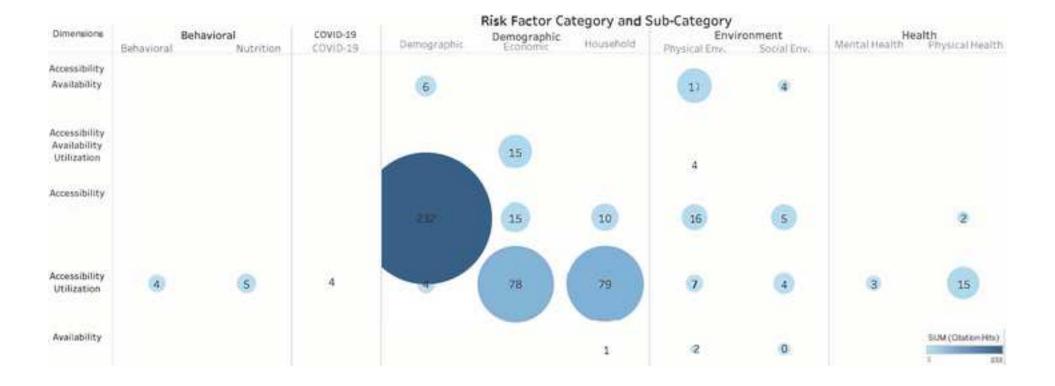
602	5.	Does the study design have a comparison group?
603		a. Yes, include and proceed to next question.
604		b. No, exclude.
605	6.	Does the study assess individual- or group-level factors associated with food insecurity?
606		a. Yes, proceed to data extraction.
607		b. No, exclude.
608	7.	Comments
609		
610	Data 1	Extraction Strategy
611	Study	Characteristics
612	1.	Reference ID #
613	2.	What is the Study ID (If the article describes only 1 study, this is the same as the
614		Reference ID#)?
615	3.	Indicate the state in which the population resides
616	4.	Indicate the region(s) (urban or rural) in which the population resides
617	5.	Enter the spread of the age of the participants
618		Range
619		 Standard Deviation
620		 Standard Error
621		 95% Confidence Interval
622		 Standard Deviation/Standard Error not specified
623		 Not Reported
624		■ IQR
625	6.	Enter the central tendency of the age of the participants
626		Mean

627		Median
628		 Not Reported
629	7.	What is the number of participants of the population of interest in the study? (Give the
630		number of African American participants)?
631	8.	What is the total number of participants in the study (including the ones who are not
632		African American)?
633	9.	What is the total number of African American households sampled in the study?
634	10	. What is the total number of households in the study (including the ones that are not
635		African American)?
636	11	. What was the study design?
637	12	. Additional Comments
638 I	Food	Security Outcomes
639	1.	Reference ID #
640	2.	What is the Study ID (If the article describes only 1 study, this is the same as the
641		Reference ID#)?
642	3.	What is the metric of food insecurity reported?
643	4.	What was the authors' exact definition of the food insecurity metrics?
644	5.	What exposures/risk factors were examined?
645	6.	Which dimensions of food security (accessibility, availability, and utilization) are
646		represented by each risk factor identified?
0+0		

7. Additional Comments

PRISMA 2020 Flow Diagram for New Systematic Reviews which Included Searches of Databases





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